**BOOK YOUR FLU and COVID BOOSTER!**

**We will be holding joint Covid Booster and Flu Clinics on the following dates.**

**Watch this space for more dates!**

**For more details, see our website**

**Elizabethcourtauld.gpsurgery.net**

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| --- | --- | --- |
| **DAY OF WEEK** | **DATE** | **AGE RANGE** |
| **Saturday** | **8.10.22** | **Over 65’s** |
| **Monday** | **10.10.22** | **Over 65’s** |
| **Tuesday** | **11.10.22** | **Over 65’s** |
| **Wednesday** | **12.10.22** | **Over 65’s & Under 65’s in at Risk Category** |
| **Thursday** | **13.10.22** | **Over 65’s** |
| **Friday** | **14.10.22** | **Over 65’s & Under 65’s in at Risk Category** |
| **Saturday** | **15.10.22** | **Over 65’s & Under 65’s in at Risk Category** |

**You will be sent a link to book your appointment – can you do this easily online if you have a smartphone.**

**Alternatively, please see reception to book an appointment**

You are entitled to a **free flu and covid booster** if you are:

* **Over 65**
* **If you are under 65 and are in an at risk category as follows:**
* Pregnant
* Have a neurological condition, e.g. multiple sclerosis (MS), cerebral palsy or a learning disability
* Have a problem with your spleen, e.g. sickle cell disease or you have had your spleen removed
* Seriously overweight (BMI of 40 and above)
* A family carer
* Or have a long term condition such as:
* A heart problem
* A chest complaint or breathing difficulties, including bronchitis, emphysema or severe asthma *(patients with stable asthma are not entitled to a free vaccination)*
* A kidney disease
* Lowered immunity due to disease or treatment (such as steroid medication or cancer treatment)
* Liver disease
* Had a stroke or a transient ischaemic attach (TIA)
* Diabetes