**Autism Spectrum Quotient (AQ50)**

Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The Autism-Spectrum Quotient Test (abbreviated to AQ) is a diagnostic questionnaire designed to measure the expression of Autism-Spectrum traits in an individual, by his or her own subjective self-assessment.

It was first published in 2001 by Simon Barron-Cohen and his colleagues at the Cambridge Autism Research Centre as part of the the widely cited study entitled The Autism Spectrum Quotient (AQ): Evidence from Asperger syndrome/high-functioning autism, males and females, scientists and mathematicians.

For each statement below, choose one response that best describes how strongly that statement applies to you:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Definitely  Agree | Slightly Agree | Slightly Disagree | Definitely Disagree |
| 1. I prefer to do things with others rather than on my own. |  |  |  |  |
| 2. I prefer to do things the same way over and over again. |  |  |  |  |
| 3. If I try to imagine something, I find it very easy to create a picture in my mind. |  |  |  |  |
| 4. I frequently get so strongly absorbed in one thing that I lose sight of other things. |  |  |  |  |
| 5. I often notice small sounds when others do not. |  |  |  |  |
| 6. I usually notice car number plates or similar strings of information. |  |  |  |  |
| 7. Other people frequently tell me that what I’ve said is impolite, even though I think it is polite. |  |  |  |  |
| 8. When I’m reading a story, I can easily imagine what the characters might look like. |  |  |  |  |
| 9. I am fascinated by dates. |  |  |  |  |
| 10. In a social group, I can easily keep track of several different people’s conversations. |  |  |  |  |
| 11. I find social situations easy. |  |  |  |  |
| 12. I tend to notice details that others do not. |  |  |  |  |
| 13. I would rather go to a library than to a party. |  |  |  |  |
| 14. I find making up stories easy. |  |  |  |  |
| 15. I find myself drawn more strongly to people than to things. |  |  |  |  |
| 16. I tend to have very strong interests, which I get upset about if I can’t pursue. |  |  |  |  |
| 17. I enjoy social chitchat. |  |  |  |  |
| 18. When I talk, it isn’t always easy for others to get a word in edgewise. |  |  |  |  |
| 19. I am fascinated by numbers. |  |  |  |  |
| 20. When I’m reading a story, I find it difficult to work out the characters’ intentions. |  |  |  |  |
| 21. I don’t particularly enjoy reading fiction. |  |  |  |  |
| 22. I find it hard to make new friends. |  |  |  |  |
| 23. I notice patterns in things all the time. |  |  |  |  |
| 24. I would rather go to the theater than to a museum. |  |  |  |  |
| 25. It does not upset me if my daily routine is disturbed. |  |  |  |  |
| 26. I frequently find that I don’t know how to keep a conversation going. |  |  |  |  |
| 27. I find it easy to “read between the lines” when someone is talking to me. |  |  |  |  |
| 28. I usually concentrate more on the whole picture, rather than on the small details. |  |  |  |  |
| 29. I am not very good at remembering phone numbers. |  |  |  |  |
| 30. I don’t usually notice small changes in a situation or a person’s appearance |  |  |  |  |
| 31. I know how to tell if someone listening to me is getting bored. |  |  |  |  |
| 32. I find it easy to do more than one thing at once. |  |  |  |  |
| 33. When I talk on the phone, I’m not sure when it’s my turn to speak. |  |  |  |  |
| 34. I enjoy doing things spontaneously. |  |  |  |  |
| 35. I am often the last to understand the point of a joke. |  |  |  |  |
| 36. I find it easy to work out what someone is thinking or feeling just by looking at their face. |  |  |  |  |
| 37. If there is an interruption, I can switch back to what I was doing very quickly. |  |  |  |  |
| 38. I am good at social chitchat. |  |  |  |  |
| 39. People often tell me that I keep going on and on about the same thing. |  |  |  |  |
| 40. When I was young, I used to enjoy playing games involving pretending with other children. |  |  |  |  |
| 41. I like to collect information about categories of things (e.g., types of cars, birds, trains, plants). |  |  |  |  |
| 42. I find it difficult to imagine what it would be like to be someone else. |  |  |  |  |
| 43. I like to carefully plan any activities I participate in. |  |  |  |  |
| 44. I enjoy social occasions. |  |  |  |  |
| 45. I find it difficult to work out people’s intentions. |  |  |  |  |
| 46. New situations make me anxious. |  |  |  |  |
| 47. I enjoy meeting new people. |  |  |  |  |
| 48. I am a good diplomat. |  |  |  |  |
| 49. I am not very good at remembering people’s date of birth. |  |  |  |  |
| 50. I find it very easy to play games with children that involve pretending. |  |  |  |  |